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aum

WELLNESS CLINIC

Longevity in focus!

AUM WELLNESS CLINIC PRICE LIST

MEDICAL SERVICES

CONSULTATIONS

Individual psychologist consultation (for adults).....	90 €
Psychiatrist consultation.....	130 €
Psychologist consultation for couples.....	160 €
Psychodiagnostics.....	180 €
Sports medicine doctor consultation.....	110 €
General practitioner consultation.....	110 €
Gynaecologist consultation.....	110 €
Radiologist consultation.....	110 €
Endocrinologist consultation.....	110 €
Endocrinologist dr. B. Žilaitienė consultation.....	140 €
Cardiologist S. Bagdonaitė consultation.....	120 €
Cardiologist dr. R. Šerpytis consultation.....	160 €
Urologist consultation.....	120 €
Genetics doctor consultation.....	120 €
Dietician consultation.....	100 €
Consultation with cardiologist dr. J. Badarienė (60 min.).....	210 €
Consultation with a medical doctor, functional medicines specialist(90min.).....	200 €

DIAGNOSTICS

GENETIC LONGEVITY TESTING

Epigenetic testing.....	380 €
Telomere and NAD+ concentration.....	450 €
Genetic and epigenetic testing.....	595 €
Cardiogenetic testing.....	from 200 € - 890 €
Genetic health testing.....	from 290 € - 845 €
Oncogenetic testing.....	from 700 € - 890 €
Pharmacogenetic testing.....	830 €

LABORATORY DIAGNOSTICS

*Doctor consultation included in the price

Omega-3 index.....	54 €
Blood test package „Female hormone profile“.....	190 €
AUM Baseline heart health.....	285 €
AUM Strengthening immunity.....	299 €
AUM Gut and inflammation balance.....	299 €
AUM Detailed inflammation profile.....	329 €
AUM Comprehensive heart health profile.....	359 €
AUM Metabolic balance.....	369 €
AUM Longevity Plan.....	399 €

INSTRUMENTAL DIAGNOSTICS

Body composition analysis.....	30 €
Uroflometry.....	30 €
Dermatoscopy.....	40 €
Electrocardiogram (ECG).....	45 €
Other ultrasound examination.....	50 €
Single organ echoscopy.....	60 €
Aktiia blood pressure measurement and tracking system (14 days).....	60 €
Skin and subcutaneous echoscopy.....	60 €
24 hr arterial blood pressure monitoring.....	60 €
Vascular duplex echoscopy.....	70 €
Kidney and bladder ultrasound.....	70 €
Urogenital system ultrasound.....	70 €
Ultrasound of the pelvis.....	70 €
Ultrasound of muscles and joints.....	70 €
Thyroid echoscopy.....	70 €
Thyroid and neck ultrasound.....	70 €
Dr. B. Žilaitienė ultrasound.....	80 €
Internal organ echoscopy.....	80 €
Breast and axillary lymph node echoscopy.....	80 €
Veloergometry.....	90 €
Holter monitor (ECG (24 hrs) / (48 hrs)).....	90 € / 130 €
Ultrasound of the heart.....	90 €
Insertion of a uterine spiral (price without the spiral).....	100 €
Removal of a uterine spiral.....	60 €
Full echoscopic examination for men.....	160 €
Full echoscopic examination for women.....	180 €

INTRAVENOUS THERAPY

Extra material.....	25 €
Glutathione infusion (600mg).....	70 €
Vitamin infusion.....	70 €
Infusion to boost immunity.....	90 €
Infusion to reduce stress and fatigue.....	90 €
Personalised infusion.....	130 €
Iron infusion.....	from 220 - 370 €
Nad+ infusion (100mg).....	150 €
Nad+ infusion (250mg).....	250 €
Nad+ infusion (500mg).....	450 €

SPA SERVICES

MASSAGES

Segmental massage (30 min.).....	70 €
Therapeutic massage (30 / 60 min.).....	65 / 110 €
Foot massage lesson for couples (60 min.).....	125 €
„Imperial touch“ massage (Kobido) (70 / 90 min.).....	125 / 155 €
Shaping massage „Graceful lines“ (90 min.).....	165 €
Prenatal massage (60 min.).....	145 €
Age-defying facial Chiromassage IQ (60 min.).....	125 €
Personalised AUM massage (60 / 90 min.).....	135 / 175 €
Lymphatic drainage massage „Body lightness“ (90 min.).....	165 €
Fangoparaffin therapy (90 min.).....	165 €

BODY CARE WITH „BIOLOGIQUE RECHERCHE“

Minceur procedure (90 min.).....	165 €
Detoxifying seaweed wrap (90 min.).....	165 €
Lift Corps procedure (90 min.).....	165 €

FACE CARE WITH „BIOLOGIQUE RECHERCHE“

Booster VIP 02 (75 min.)	140 €
Booster VIP 02 (90 min.)	170 €
Exfoliant P50 (75 / 90 min.).....	130 / 160 €
Restructurant et Lissant (75 / 90 min.).....	130 / 160 €
MC110 (75 / 90 min.).....	130 / 160 €
Peeling Aux Acides De Fruits (75 / 90 min.).....	130 / 160 €
Lift C.V.S. (75 / 90 min.).....	145 / 165 €
Toleskin (75 min.).....	175 €
Seconde Peau (75 min.).....	255 €

FACE AND BODY CARE WITH „DR. BARBARA STURM“

Consultation before buying Dr. Barbara Sturm products (30 min.).....	40 €
Dr. Barbara Sturm anti-aging body procedure (60 min.).....	210 €
Sturmglow face procedure (60 min.).....	225 €
Face cleansing procedure (60 min.).....	225 €
Face procedure for men (60 min.).....	225 €
Super Anti-Aging face procedure (75 min.).....	250 €
Facial treatment with exosomes.....	270 / 480 €

FACE AND BODY CARE WITH VENUS LEGACY™

Body contouring treatment for one area (40 min.).....	95 €
Body contouring treatment for two areas (75 min.).....	170 €
Body contouring treatment for three areas (100 min.).....	225 €
Firming facial treatment (75 min.).....	250 €

FACE AND BODY CARE WITH ICOONE® LASER MED*

Personalised procedure (30 min.).....	65 €
Personalised procedure (60 min.).....	110 €
Personalised procedure (90 min.).....	165 €
Icoone procedure for pregnant women (40 min.).....	80 €

*Special suits are required for the procedures and can be purchased at our clinic.

MINERAL THERAPY AND BATHS

Relaxing marine magnesium bath (30 min.).....	40 €
Balancing crystal bath with laminaria (30 min.).....	40 €
Relaxing magnesium therapy with massage (90 min.).....	145 €

SAUNA AND JACUZZI ZONE

Sauna and jacuzzi zone for 1 person (60 min.).....	45 €
Sauna and jacuzzi zone for private group (60 min.).....	200 €
Extra hour for private group (60 min.).....	100 €

YOGA AND OTHER PRACTICES

Group B.K.S Iyengar yoga.....	25 €
Individual B.K.S Iyengar yoga (1-2 pers.) (60 min.).....	85 €
Individual B.K.S Iyengar yoga (3-4 pers.) (60 min.).....	140 €

PHYSIOTHERAPY

CONSULTATIONS

Physiotherapist consultation (30 min.).....	70 €
Follow-up physiotherapist consultation (30 min.).....	60 €
Musculoskeletal assessment.....	95 €

GROUP CLASSES

Functional exercise (up to 4 pers.).....	25 €
Group physiotherapy for adults (up to 4 pers.)	25 €
Prenatal exercise (up to 4 pers.) (45 min.).....	35 €
Prenatal exercise for couples (up to 4 couples) (45 min.).....	70 €
Group exercise 2 month subscription (4x).....	95 €
Group exercise 2 month subscription (8x).....	180 €
Group exercise 2 month subscription (12x).....	250 €

INDIVIDUAL CLASSES

Individual physiotherapy (30 / 60 min.).....	50 / 90 €
Individual exercise with Redcord system (30 / 60 min.).....	60 / 110 €
Individual passive physiotherapy (30 / 60 min.).....	70 / 100 €
Individual prenatal exercise (45 min.).....	80 €
Individual exercise for a family (up to 6 pers.) (45 min.).....	100 €
Physiotherapy for two (45 min.).....	100 €