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aum

WELLNESS CLINIC

Longevity in focus!

AUM WELLNESS CLINIC PRICE LIST



# MEDICAL SERVICES

## CONSULTATIONS

Consultation before intravenous therapy.....	60 €
Individual psychologist consultation (for adults).....	90 €
Psychiatrist consultation.....	130 €
Psychologist consultation for couples.....	160 €
Psychodiagnostics.....	180 €
Neurologist consultation.....	110 €
Sports medicine doctor consultation.....	110 €
General practitioner consultation.....	110 €
Gynaecologist consultation.....	110 €
Gynaecologist consultation (initial bioidentical hormone therapy consultation).....	210 €
Radiologist consultation.....	110 €
Endocrinologist consultation.....	110 €
Endocrinologist dr. B. Žilaitienė consultation.....	140 €
Cardiologist dr. R. Šerpytis consultation.....	160 €
Urologist dr. A. Čekauskas consultation.....	120 €
Genetics doctor consultation.....	120 €
Trichologist consultation.....	120 €
Dermatologist consultation.....	120 €
Dermatologist consultation with dermatoscopy.....	160 €
Dermatologist consultation with Fotofinder examination.....	160 €
Dietician consultation.....	140 €
Consultation with cardiologist dr. J. Badarienė (60 min.).....	210 €
Consultation with Dr. Indrė Aleknavičienė.....	210 €
Individual nutrition plan (Dr. Indrė Aleknavičienė).....	179 €
Functional medicine specialist consultation (90 min.).....	220 €

## DIAGNOSTICS

### GENETIC LONGEVITY TESTING

Epigenetic testing.....	380 €
Telomere and NAD+ concentration.....	450 €
Genetic and epigenetic testing.....	595 €
Cardiogenetic testing.....	from 200 € - 890 €
Genetic health testing.....	from 290 € - 845 €
Oncogenetic testing.....	from 700 € - 890 €
Pharmacogenetic testing.....	830 €

### LABORATORY DIAGNOSTICS

\*Doctor consultation included in the price

Omega-3 index.....	54 €
Blood test package „Female hormone profile“.....	190 €
Blood test package „Men’s health“ (Basic)*.....	220 €
Blood test package „Woman’s health“ (Basic)*.....	225 €
Blood test package „Men’s health“ (Maximum)*.....	690 €
Blood test package „Woman’s health“ (Maximum)*.....	690 €
Blood test package „Energy and immune system“.....	230 €
Blood test package „Healthy hair and skin“ (Standard)*.....	270 €
Blood test package „Healthy hair and skin“ (Premium)*.....	419 €

## INSTRUMENTAL DIAGNOSTICS

Body composition analysis.....	30 €
Uroflometry.....	30 €
Dermatoscopy.....	40 €
Electrocardiogram (ECG).....	45 €
Other ultrasound examination.....	50 €
Single organ echoscopy.....	60 €
Skin and subcutaneous echoscopy.....	60 €
24 hr arterial blood pressure monitoring.....	60 €
Vascular duplex echoscopy.....	70 €
Kidney and bladder ultrasound.....	70 €
Urogenital system ultrasound.....	70 €
Ultrasound of the pelvis.....	70 €
Ultrasound of muscles and joints.....	70 €
Thyroid echoscopy.....	70 €
Thyroid and neck ultrasound.....	70 €
Dr. B. Žilaitienė ultrasound.....	80 €
Internal organ echoscopy.....	80 €
Breast and axillary lymph node echoscopy.....	80 €
Veloergometry.....	90 €
Holter monitor (ECG (24 hrs) / (48 hrs) ).....	90 € / 130 €
Ultrasound of the heart.....	90 €
Insertion of a uterine spiral (price without the spiral).....	100 €
Removal of a uterine spiral.....	60 €
Full echoscopic examination for men.....	160 €
Full echoscopic examination for women.....	180 €

## INTRAVENOUS THERAPY

Extra intravenous material.....	25 €
Glutathione therapy (600mg).....	from 70 €
Vitamin therapy.....	90 €
Immune boosting therapy.....	110 €
Energy restoring therapy.....	110 €
Individual therapy.....	130 €
Iron therapy.....	from 220 - 370 €
Nad+ therapy (100mg).....	150 €
Nad+ therapy (250mg).....	250 €
Nad+ therapy (500mg).....	450 €
Nad+ (100mg / 250mg) and glutathione therapy.....	170 € / 270 €

# SPA SERVICES

## MASSAGES

Massage of individual area (30 min.).....	55 €
Medical massage (30 / 60 min.).....	55 / 95 €
Authentic myofascial massage (30 / 60 / 90 min.).....	90 / 160 / 190 €
„Eternal classics“ massage (60 / 90 min.).....	95 / 125 €
Foot massage lesson for couples (60 min.).....	95 €
„Imperial touch“ massage (Kobido) (70 / 90 / 100 min.).....	110 / 140 / 190 €
Relaxing aromatherapy massage (60 / 90 min.).....	120 / 160 €
Shaping massage „Graceful lines“ (60 / 90 min.).....	120 / 155 €
Swedish massage „Back to yourself“ (60 / 90 min.).....	120 / 160 €
Personalised AUM face massage (60 min.).....	125 €
Prenatal massage „For mommy“ (60 min.).....	125 €
Personalised AUM massage (60 / 90 min.).....	125 / 165 €
Sports massage (60 / 90 min.).....	135 / 165 €
Lymphatic drainage massage „Body lightness“ (90 min.).....	160 €
Sports massage + sauna (60 / 90 min. massage + 60 min. sauna and jacuzzi).....	165 / 190 €
Authentic massage (90 min.).....	175 €
Dr. Barbara Sturm deep tissue massage (60 min.).....	190 €
Dr. Barbara Sturm shaping body massage (60 min.).....	190 €
Holistic kobido massage with aromatherapy (90 min.).....	190 €
Dr. Barbara Sturm kobido massage (70 min.).....	295 €

## BODY CARE WITH „BIOLOGIQUE RECHERCHE“

Fangoparaffin therapy for legs (90 min.).....	140 €
Fangoparaffin therapy for legs and hands (120 min.).....	160 €
Minceur procedure (120 min.).....	165 €
Detoxifying seaweed wrap (120 min.).....	165 €
Lift Corps procedure (90 min.).....	165 €

## FACE CARE WITH „BIOLOGIQUE RECHERCHE“

Exfoliant P50 (75 / 90 min.).....	130 / 160 €
Restructurant et Lissant (75 / 90 min.).....	130 / 160 €
MC110 (75 / 90 min.).....	130 / 160 €
Peeling Aux Acides De Fruits (75 / 90 min.).....	130 / 160 €
Lift C.V.S. (75 / 90 min.).....	145 / 165 €
Toleskin (75 min.).....	175 €
Seconde Peau (75 min.).....	255 €

## FACE AND BODY CARE WITH „DR. BARBARA STURM“

Consultation before buying Dr. Barbara Sturm products (30 min.).....	40 €
Dr. Barbara Sturm deep tissue massage (60 min.).....	190 €
Dr. Barbara Sturm shaping body massage (60 min.).....	190 €
Dr. Barbara Sturm anti-aging body procedure (60 min.).....	210 €
Sturmglow face procedure (60 min.).....	225 €
Face cleansing procedure (60 min.).....	225 €
Face procedure for men (60 min.).....	225 €
Dr. Barbara Sturm Kobido massage (70 min.).....	295 €
Super Anti-Aging face procedure (75 min.).....	295 €

## FACE AND BODY CARE WITH VENUS LEGACY™

Body contouring treatment for one area (40 min.).....	95 €
Body contouring treatment for two areas (75 min.).....	170 €
Body contouring treatment for three areas (100 min.).....	225 €
Firming facial treatment (75 min.).....	250 €

## FACE AND BODY CARE WITH ICOONE® LASER MED\*

Personalised procedure (30 min.).....	55 €
Icoone procedure for pregnant women (40 min.).....	70 €
Drainage body treatment (60 min.).....	95 €
Blood circulation activating treatment (60 min.).....	95 €
Detoxifying body treatment (60 min.).....	95 €
Anti-cellulite body treatment (60 min.).....	95 €
Firming body treatment (60 min.).....	95 €
Procedure after pregnancy (60 min.).....	95 €
Body muscle relaxation treatment (60 min.).....	95 €
Rehabilitation after injuries, pain treatment (60 min.).....	95 €
Anti-aging face procedure (60 min.).....	95 €
Personalised procedure (90 min.).....	145 €

\*Special suits are required for the procedures and can be rented or purchased at our clinic.

## MINERAL THERAPY AND BATHS

Relaxing marine magnesium bath (30 min.).....	40 €
Tonic bath with marine calcium (30 min.).....	40 €
Balancing crystal bath with laminaria (30 min.).....	40 €
Restorative mud and massage therapy for back (60 min.).....	115 €
Relaxing magnesium therapy with massage (90 min.).....	145 €
Relaxing magnesium therapy with body wrapping (90 min.).....	145 €
Tonic calcium therapy with massage (90 min.).....	145 €
Tonic calcium therapy with body wrapping (90 min.).....	145 €

## SAUNA AND JACUZZI ZONE

Sauna and jacuzzi zone for 1 person (60 min.).....	45 €
Sauna and jacuzzi zone for private group (60 min.).....	200 €
Extra hour for private group (60 min.).....	100 €

## YOGA AND OTHER PRACTICES

Pilates with Artūras Čižas.....	25 €
Group Dao yoga (1x 60 min. / 8x).....	25 / 180 €
Group B.K.S Iyengar yoga (1x 60 min. / 8x).....	25 / 180 €
Group breathing practice (45 min.).....	35 €
Individual B.K.S Iyengar yoga (1-2 pers.) (60 min.).....	85 €
Individual B.K.S Iyengar yoga (3-4 pers.) (60 min.).....	140 €

## PHYSIOTHERAPY

### CONSULTATIONS

Physiotherapist consultation (30 min.).....	70 €
Follow-up physiotherapist consultation (30 min.).....	60 €
Body biomechanics assessment (30 min.).....	90 €

### GROUP CLASSES

Functional exercise (up to 4 pers.) (1x 50 min. / 8x).....	25 / 180 €
Group physiotherapy for adults (up to 4 pers.) (1x 45 min. / 8x).....	25 / 180 €
Prenatal exercise (up to 4 pers.) (45 min.).....	35 €
Prenatal exercise for couples (up to 4 couples) (45 min.).....	70 €
Group exercise 2 month subscription (8x).....	180 €
Group exercise 2 month subscription (12x).....	250 €

### INDIVIDUAL CLASSES

Individual physiotherapy (30 / 60 min.).....	50 / 90 €
Individual exercise with Redcord system (30 / 60 min.).....	60 / 110 €
Individual passive physiotherapy (30 / 60 min.).....	70 / 100 €
Individual prenatal exercise (45 min.).....	80 €
Individual exercise for a family (up to 6 pers.) (45 min.).....	100 €
Physiotherapy for two (45 min.).....	100 €
Biomechanical exercise with Daniel Lima (60 min.).....	120 €

# DERMATOLOGY

## CONSULTATIONS

Consultation prior to removal of formations.....	70 €
Dermatologist consultation.....	120 €
Dermatologist consultation with dermatoscopy.....	160 €
Dermatologist consultation with Fotofinder examination.....	160 €
Trichologist consultation.....	120 €
Trichologist consultation with TrichoScan examination.....	160 €

## SKIN REJUVENATION WITH RADIOFREQUENCY

Stretch mark removal (palm size).....	250 €
Hand rejuvenation.....	335 €
Scar treatment (1 zone).....	345 €
Face rejuvenation.....	345 €
Décolletage rejuvenation.....	345 €
Face and neck rejuvenation.....	650 €
Face, neck, décolletage, hand rejuvenation.....	1150 €

## HAIR LOSS TREATMENT

Mesotherapy to treat hair loss and thinning with Dermaheal HL (5 ml).....	150 €
Mesotherapy to treat hair loss and thinning with Fillmed NCTF I35 HA (3 ml).....	150 €
DR. Cyj Hair Filler for hair loss (1 ml).....	195 €
Nucleophile therapy for hair strengthening with Nucleofill.....	240 €
Plasma therapy for head area.....	280 €

## REDERMALISATION

Biorevitalization I zone.....	200 €
Dry skin treatment I zone.....	200 €
Redermalisation with succinic acid Electri (0,55%) I zone (1,5 ml)*.....	195 €
Redermalisation with succinic acid Xela Rederm (1,10%) I zone (1ml)*.....	195 €
Redermalisation with succinic acid Xela Rederm (1,80%) I zone (1ml)*.....	215 €
Redermalisation with succinic acid Xela Rederm (1,10%) I zone (2 ml)*.....	255 €
Redermalisation with succinic acid Xela Rederm (1,80%) I zone (2ml)*.....	265 €
Nano needle.....	30 €

\*Procedures marked with I asterisk require a nano needle.

## MESOTHERAPY

Mesotherapy for face with Fillmed NCTF HA (3 ml).....	150 €
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## PRP PLASMOLIFTING

Plasma therapy for PRP skin rejuvenation.....	180 €
Plasma therapy PRP I zone (face/neck/décolletage/hand).....	350 €

## LASER REMOVAL OF MOLES, WARTS, PAPILOMAS\*\*\*

Removal of a mole, keratosis on the face or head (up to 3mm).....	from 55 € to 299 €
Removal of a mole, keratosis on the face or head (from 3mm).....	from 55 € to 299 €
Removal of a mole, keratosis on the body (from 3mm).....	from 55 € to 299 €

Removal of a mole, keratosis on the body (from 3mm).....	from 55 € to 299 €
Laser removal of a mole or other formation (from 1 cm).....	from 55 € to 299 €
Removal of multiple formations (up to 10 pcs).....	from 55 € to 299 €
Removal of multiple formations (10 – 20 pcs).....	from 55 € to 299 €
Removal of xanthelasmas, dyskeratoses.....	from 55 € to 299 €
Removal of warts, molluscs, candillomas (1 pc).....	80 €
Papilloma removal (1 pc).....	30 €
Papilloma removal (2 – 5 pcs).....	from 20 € / pc
Papilloma removal (6 – 10 pcs).....	from 15 € / pc
Removal of multiple papillomas (up to 10 pcs).....	225 €
Removal of multiple papillomas (10 – 20 pcs).....	320 €

\*\*\*Consultation prior to removal is required.

## TESTS

Post-treatment mask.....	30 €
Microscopic examination of skin, nails (1 object).....	40 €
Dermatoscopy.....	40 €
Digital hair follicle examination TrichoScan.....	55 €
Immunohistochemical examination of the tissue.....	50 €
Cytological examination.....	60 €
Skin and nail culture and antibioticogram.....	60 €
PCR for dermatophytes.....	60 €
PCR candida palette.....	60 €
PCR for dermatophytes and mycelia.....	80 €
Injection of kenalog for scar treatment.....	100 €
Histological examination.....	120 €
Skin punch biopsy.....	120 €